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March's General Meeting

Wednesday, March 16
6:30 p.m.

McChesney Room
Schenectady County Public Library



Program: **Bioethic Issues and Dilemmas**

Speaker: **Gwendolyn E. Bondi**, MS Bioethics
Certified Advance Care Planning Facilitator and Instructor
Visiting Nurse Service of Northeastern New York

Bioethics is a field of inquiry concerned with ethical issues that arise in the life. This presentation will bring to light some of the bioethical issues including genetics, organ transplants, fetus tissue, stem cell, and dilemmas, we hear about in the news.

Invite your friends and relatives to hear about this very important topic.

Mark your Calendar



March is Women's History Month

Wednesday, March 2, 6:45 p.m
Board Meeting, Niskayuna Town Hall

Saturday, May 16
Our AAUW Plant Sale at NISKA-DAY

Thursday, March 10
Save \$15 by sending in your
Convention registration today.

Saturday, June 4
Our AAUW GARAGE SALE!
The **Annual Schenectady Kids'**
Arts Festival on Jay Street

Wednesday March 16
General Meeting

Friday-Sunday, July 22-24
AAUW-NYS Summer Conference,
Cazenovia College, Cazenovia, NY.

Sunday, March 20 -1st Day of Spring!
UN International Day of Happiness

Wednesday, March 27
Convention Registration due

Friday-Sunday, April 15-17
AAUW-NYS Convention
Holiday Inn, Saratoga Springs, NY
See pages 4 & 5 for more information

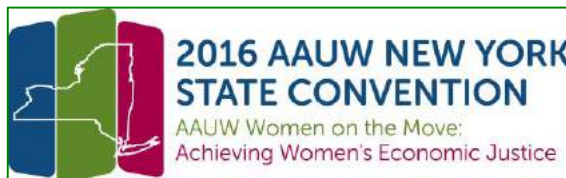
Quote of the Month

*"If you want to touch the past,
touch a rock.*

*If you want to touch the present,
touch a flower.*

*If you want to touch the future,
touch a life."*

Author Unknown





President's Message

My column this month is going to focus on two very different topics: the whole election process in this country and our growing membership. So let me vent a bit. Too much money, too much energy, and certainly too much negativity are expended in the (too) many months leading up to the actual nomination process and eventual election. Other advanced nations seem to elect officials within a shorter time frame and certainly with a more reasonable outlay of funds. We could learn by examining the process in France, in Britain, in Germany. Democracy is not compromised by injecting restraint and civility into the process.

Now on to a much more pleasant topic. We have had EIGHT women join our chapter this year. These women will bring new ideas, new energy, new interests - so I want to urge you to continue to promote our chapter to your friends, your neighbors, your professional contacts. Our relevance, our vitality, our energy derive from the collective input of our membership. How wonderful that we are growing! A Hearty Welcome to all our new members!

~ *Eleanor Aronstein*

Membership Matters

AAUW recognizes that the strength of its branches is crucial to its overall mission. Some of our best prospective members are former branch members who may be in a different position today and able to rejoin AAUW. In that spirit, national would like to bring back 2,016 members by the end of March 2016. They will send us an outlined plan, a script, and a former member list in order to host a PHONE-ATHON towards that end. These are exciting times for our branch! **You can help make Operation Re-member a success** by volunteering for the phone-a-thon that you can do at home. Contact me at pgregor1@nycap.rr.com or 374-7515!

~ **Pat Gregory**

Welcome to AAUW!

*Please add our new members
to your directory.*

Deborah Arnold

11 Saint Marie St.
Schenectady, NY 12303
518-374-3056

Erica Berger

91 Pheasant Ridge
Sch'dy NY 12309 518-377-7155
BAGEL8385@aol.com

Amanda Delaney

3 Brandon Court
Latham, NY 12110
(H)783-1080 ©225-3916
aurora523@nycap.rr.com

Ellin W. Friedman

885 Heather Lane
Niskayuna, NY 12309
(H)518-374-6485 ©518-505-
4503 EWF13@mindspring.com

Lois Mendelson

1935 Hexam Rd. Sch'dy NY 12309
518-393-2826 ©518-275-2168
rmendels@nycap.rr.com.

Joanne Van Genderen

710 Charles St Scotia, NY 12302
518-346-6044
jvgend@gmail.com

**PUBLIC POLICY
LEGISLATIVE UPDATE**

Proposed Rule on Equal Pay



President Obama has directed the Equal Employment Opportunity Commission (EEOC) and the Department of Labor to publish a proposal to collect annually a summary of data by race, gender, and ethnicity from businesses with 100 or more employees. Employers will have to submit the first pay data as by September 2017. This replaces AAUW's support for the Department of Labor to collect data from federal contractors.

This new proposal will cover more than 63 million employees. It will show if there are glaring pay gaps with regard to gender and race. Too often, pay discrimination goes undetected because of a lack of accurate information. The New York Times stated that the new rules are intended to improve the government's ability to penalize companies engaging in discriminatory pay practices and to encourage companies to police themselves to avoid any disparities. This data will give the Department of Labor a powerful tool to eradicate discrimination where it does exist.

The President has also called for Congress to pass legislation allowing women to sue for punitive damages for pay discrimination. Women have suffered from pay discrimination not only in the work place, but also in retirement. They receive far less in social security benefits due to receiving less pay while working. It is difficult to understand why this issue has existed in our society since the industrial revolution. We are still fighting this battle in 2016, and companies are still attempting to pay women less pay for equal work. ~ **Linda Rizzo**



Our Branch Garage Sale



We are planning a
Maxine Borom's house.

spring garage sa

For this event to be a success we need YOUR HELP. In the past two years, the sale has made \$800 per sale. Perhaps you could designate a box or bag to collect items that you no longer need or want for the sale.

One item that has been in very short supply is books. These are always a big seller and we have had very few in these past two sales. Remember that all unsold books are donated to the library. In April, arrangements can be made with Maxine to drop off items at her house for the sale. If you have any questions, please contact me at 372-8431 or eterry3@nycap.rr.com. Thank you all for your support. ~**Pat Terry**

** If you have an unusual, valuable or a collection of items that might draw collectors or dealers, please let Pat Terry know so that we can add the information to our newspaper article*



**2016 AAUW NEW YORK
STATE CONVENTION**
AAUW Women on the Move:
Achieving Women's Economic Justice

**Join us
at the Convention!
Come for 1 or all 3 days!**

The registration form is online at:

http://www.aauwnys.org/RegistrationForms/convention_form.htm

or fill out the form on the next 2 pages and mail it to Betty Preble. Call Eleanor at [518-265-2500](tel:518-265-2500) if you're interested in going and would like to car pool or email her at eleanoraronstein@aol.com. **Volunteers are needed** to help greet people and give out their registration packets on one or more days. If you can help, let Eleanor know.

AAUW-NYS 2016 CONVENTION
REGISTRATION FORM

APRIL 15TH 16TH 17TH 2016, Holiday Inn, Saratoga Springs, NY

Please Print:

Name _____ Preferred First Name _____
Last First
Address/City/State/Zip _____
Phone () _____ Email _____
Branch _____ District _____
Position 2015-2016 _____ Position 2016-2017 _____

First time attending an AAUW-NYS Convention

Convention 2016 Registration Fee: Please check all that apply

- Online registration/full convention (Fri.-Sun.) \$45 _____
 By Mail/full convention (Fri.-Sun.) \$50 _____
 Companion registration \$20 _____
 Friday registration \$17 _____
 Saturday registration \$34 _____
 Sunday registration \$17 _____
 EOF Fundraiser \$20 _____
 After March 10th add 15 late fee \$15 _____

Mail to: AAUW Convention
Registration, Betty Preble
6935 East Quaker,
Orchard Park, NY 14127
Phone: 716-662-0608
Email:
betty.preble@gmail.com

Only Check if you are available on Friday from 1pm to 3pm –

Saratoga Tour, April 15th 1pm to 3pm: Theme – “Health, History, Horses” (Free!)

Day Attendee (no hotel; attend all events that day; includes meals and workshops/programs) (also requires separate conference registration)

- Friday \$35 _____
 Saturday \$105 _____
 Sunday \$70 _____
 Drop-in (No Food) Keynote or workshop \$25 _____

(Note: Convention Registration Fee not required for Drop-in)

Hotel Registration (registering for the hotel/meal package including room, meals and workshops/programs) (also requires separate conference registration)

- Single (2 nights) \$453 _____
 Double (2 nights) \$296 _____
Roommate: _____
 Single (1 night) \$227 _____
 Friday (inc. Fri. dinner; Sat. breakfast/lunch) or
 Saturday (inc. Sat. lunch/dinner; Sun. Brkfst.)
 Double (1 night) \$148 _____
 Friday (inc. Fri. dinner; Sat. breakfast/lunch) or
 Saturday (inc. Sat. lunch/dinner; Sun. Brkfst.)
Roommate: _____
 Early Arrival Thursday night (no food) \$139 _____

Register Early
For drawing:
A Spa Treatment

Late Departure Sunday night (no food) \$139 _____

Meal-Only Registration (registering only for meals; no workshops/programs) (also requires separate conference registration)

<input type="checkbox"/> Friday Dinner	\$ 35 _____	<input type="checkbox"/> Saturday Dinner	\$ 35 _____
<input type="checkbox"/> Saturday Breakfast	\$ 15 _____	<input type="checkbox"/> Sunday Breakfast	\$ 15 _____
<input type="checkbox"/> Saturday Lunch	\$ 21 _____	<input type="checkbox"/> Sunday Lunch	\$ 18 _____

Total Fees

Convention Registration (incl EOF &/or late fee) \$ _____
Hotel \$ _____
Meals \$ _____
Total \$ _____

AAUW-NYS 2016 Refund Policy:
Before March 11, 2016 – 50% Refund
March 12th -25th 2016 – 25% Refund

Make Checks payable to AAUW-NYS, Inc. Convention

Complete the next sections for workshop and meal selection

Workshops Select One

- Achieving Paid Sick Leave in NYS: Why Its Necessary and Strategies to Make it Happen?
- Race to Suffrage: Preparing for the NYS 2017 Centennial and Looking Forward to 2020
- Continuing Legal Education: Know Your Rights: Part I – An Update on the Status of Legislation Impacting Woman and Families in NY;
Part 2 – Navigating Medicaid’s Long-Term Care System
 - Check Here If You Wish to Receive CLE Credit:
- How to get Women in STEM Careers: An Interactive Discussion
- Strategies for Lifting Woman Out of Poverty

Friday Night Menu

Select One Main Course

- 6oz Baked Salmon Filet Beurre Blanc
- 6oz Sliced London Broil with Roasted Shallot with Au Jus sauce (GF)
- Tomato Basil Penne w/ Seasonal Vegetables and Feta Cheese (V)

Saturday Afternoon Menu

Select One Main Course

- Shrimp Scampi w/Broccoli Florets over Steamed Rice (GF)
- Caesar Salad with Chicken
- Caesar Salad without Chicken (V)

Saturday Night Menu

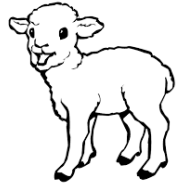
Select One Main Course

- Mushroom Ravioli in Pesto Cream Sause (V)
- Chicken Marsala (GF)
- Sliced Roast Top Sirloin of Beef with Mushroom Sauce

Please list any dietary restrictions _____



Study and Interest Group Meetings for March 2016



If you're interested in attending a meeting, contact the leader.

Will March come in like a LION or a Lamb?

Book Exchange 1

Leader: Dottie Potochnik (399-3854)
No regular meetings

Book Exchange 2

Leader: Ellie Rowland (250-4302)
No regular meetings

Gourmet Group

Leaders: Pat Terry (372-8431)
Faith Weldon (393-0048)

Friday, March 11. 7:00 p.m.

Theme: Greek
Hosts: Pat Terry
Location: 1950 Garner Ave, Niskayuna

Diverse Topics

Leader: Gail Karl (393-7590)
Wednesday, March 16
Program: Bioethics
at our General Meeting
Location: SCPL, McChesney Room

Modern Literature

Leader: Joan Bergin (399-1861)
Monday, March 7, 7:30 p.m.
Book: The All Girl Filling Stations
Last Reunion, F. Flagg
Reviewer: Carol Reynolds
Hostess: Ellie Rowland (250-4032)
Location: 216 Lois Lane, Niskayuna
Co-hostess: Grace Riccobono



Mah Jongg

Leader: Dottie Potochnik (399-3854)
Monday, March 14, 1:30 p.m.
Hostess: Linda Ward (377-2377)
Location: 4028 Windsor Dr, Niskayuna

Monday, March 28, 1:30 p.m.

Hostess: Ellie Rowland (250-4032)
Location: 216 Lois Lane, Niskayuna

Quilting

Leader: Marguerite Pileggi (280-5623)
Monday, March 21, 1:00 p.m.
Program: Members Show and Tell
Hostess: Pat Terry (372-8431)
Location: 1950 Garner Ave, Niskayuna

Science Topics

Leader: Emily Hart (374-3229)
Monday March 7, 7:30pm
Program: Gender and Chromosomes
Sally Dewes
Hostess: Emily Hart (374-3229)
Location: 2159 Rankin Road, Niskayuna

Varied Interests

Leader: Reba Mehan (374-7886)
Thursday, March 10, 12:30pm
Program: miSci (Museum of Innovation and Science)
Speaker: Julie Muffler.



Serendipity

Leader: Jennie Pennington (372-7503)

Word Games

Leader: Eleanor Aronstein (265-2500)



UN International Day of Happiness

GREAT DREAM

Ten keys to happier living

- GIVING**  Do things for others
- RELATING**  Connect with people
- EXERCISING**  Take care of your body
- APPRECIATING**  Notice the world around
- TRYING OUT**  Keep learning new things
- DIRECTION**  Have goals to look forward to
- RESILIENCE**  Find ways to bounce back
- EMOTION**  Take a positive approach
- ACCEPTANCE**  Be comfortable with who you are
- MEANING**  Be part of something bigger

<http://www.actionforhappiness.org>

ACTION FOR HAPPINESS

Sunday, March 20^g

