

September's General Meeting



Thursday, September 12

6:30 pm

McChesney Room

**Schenectady County Public Library
99 Clinton Street, Schenectady**

**Speaker: Tom Moran
Albany Medical Center**

The Stop the Bleed training is a national awareness program formed in response to the need to teach bystanders the basic skills to help save lives in a bleeding emergency before professional help arrives.

During the training we will be taught how to recognize life threatening bleeding using hands, dressings, and tourniquets, and introduced to basic blood borne protection. We will also have the opportunity to practice these skills in simulation.

Invite your friends and relatives to this important and informative.

In order to have enough handouts and equipment, PLEASE let contact Robin Eddy at rjeddy321@gmail.com or 518-346-1683).if you'll be able to attend. *

The only requirement to attend is the willingness to help save another person's life!
Sponsored by the **Diverse Topics Group**

October's General Meeting

Wednesday, October 16

6:30 pm.

**The McChesney Room
Schenectady County Public Library**



MILITARY SEXUAL TRAUMA ACCORDING TO PENNY

**Presenter: Penny Lee Deere, Retired US Army,
Military Sexual Trauma Retreats**

Sponsored by the Gourmet Group

*** If you need a ride to either of these two meetings, contact Robin Eddy.**

Co-President's Message

As we start our 2019-2020, our membership is down. We now have a total of 77 members which, for various reasons, is a loss of ten members.

Three of our life members died this year, Jane Golub, Karen Johnson and Evvie Currie. They all were active in promoting equality for women and rose to prominence in their individual professions. They were role models for us all.

Others had to drop out because of health reasons, leaving the area or because they weren't active in our branch activities and chose to let their membership lapse.

I always feel that supporting the mission is enough to justify my \$88 membership, but others do not. I always say that you are participating in an organization that is fighting for equal pay and equal rights for women, whether on the basketball court or the board room. Many of us do not realize the importance of this. Our \$88, which comes to less than \$7.50 a month, supports these efforts plus many more. For me this is so little compared to the friendships and bonds that AAUW creates in its members. By working together for the greater good, having fun and expanding our knowledge and skills is priceless.

So we have to make this evident to all our members and give them reasons to continue their memberships.

There are many opportunities for service within our Branch. Our general meetings are informative and our study and interest groups are fun and offer an opportunity for study on various topics. Contact either Bobbi or Robin if you can help arrange a ride to meetings for members who can't drive.

As we move forward in 2020, let us all get connected and support our Branch and make sure all our members are involved. ~ ***Bobbi Richardson and Robin Eddy***

Our Officers for 2019-2020

Co-Presidents:

Robin Eddy and Bobbi Richardson

Treasurer: **Karen Huggins**

Secretary: **Ann Hicks**

Program VP: **Mary Delory**

Membership Vice-Presidents: **Jackie Mendini and Bobbi Richardson**

Public Policy VP: **Eleanor Aronstein**

Study & Interest Group: **Mary Delory**

Newsletter: **Faith Weldon**

Circulation: **Pat Terry**

AAUW Funds: **Susie Leon**

Directory: **Julie Panke**

Social Events:

Arlene Maranville and Carol Reynolds

College Liason: **Robin Eddy**

Bylaws: **Robin Eddy**

Nominating Committee:

**Recommendations from
our members and Board**

Membership

Thanks so much to those members who renewed their memberships by the June 30th deadline!

It is always an uncomfortable challenge to e-mail and call members with reminders. We print the directory in the summer, so it is a real push to have it accurate by the time of publication. If by chance your name is not included, we apologize but it will be printed in the newsletter for inclusion. We spend many hours trying to be accurate.

We also greatly appreciate all of you who returned your renewal application form. This helps us keep up to date on any new information. We are looking forward to another year of great activities at our General Meetings and Study and Interest Groups.

~ **Jackie Mendini & Bobbi Richardson**

AAUW's START SMART Workshop

Demara Fredette, a member of our Schenectady Branch, led the START SMART Workshop at Union College on May 21 2019. There was a good turnout and students were actively involved in the discussion.



AAUW's START SMART workshop is designed to help college students learn realistic strategies in order to negotiate salaries and benefits for a new job, while gaining confidence in their negotiation style through facilitated discussion and role-play.

During the workshop they learn:

- How to identify and articulate their personal value
- How to develop an arsenal of persuasive responses and other strategies to use when negotiating
- How to conduct objective market research to benchmark a target salary and benefits
- About the pay gap, including its long-term consequences

Directory Update

**Add the following info
to your directory**

Katherine Miller
1555 Dean Street
Niskayuna 12309
(518)346-6681
knmiller@earthlink.com

**Welcome to our
AAUW-Schenectady Branch!**

Amorette Fichtel

7 Sandstone Drive
Burnt Hills, NY 12027
(518) 399-8895

amoretteFichtel17@non.com

Public Policy

What are AAUW's Public Policy Priorities? Every two years, you - the members - have an opportunity to vote on issues which establish the slate on which AAUW will focus its advocacy efforts. The strength of the AAUW Public Policy Priorities is that these priorities originate with *input from the membership*. You - when you vote on issues - are helping shape the direction in which AAUW will move.

The 2019-2021 Priorities underscore AAUW's mission to advance gender equity for women and girls through research, education, and advocacy.

Basic to achieving its Public Policy goals is a strong system of public education that promotes gender fairness, equity, diversity and inclusivity, and address the barriers and implicit biases that hinder the advancement of women and girls. Implicit bias is a relatively new field of study and understanding how implicit bias works and what methods most effectively combat it is an important focus for achieving educational equity. However, AAUW advocated for access to educational programs for all women - as a basic right and an essential element for achieving both economic parity and a quality life.

To achieve economic security for all women, AAUW advocates strict enforcement of employment discrimination statutes. AAUW advocates for programs which provide women with education, training, and support in the workforce, including non-traditional occupations. AAUW supports retirement benefits and pension programs. AAUW supports strengthening Social Security, Medicare and Medicaid. It opposes privatization of these programs. AAUW supports access for all women to a full range of health care services.

To achieve economic security for all women, AAUW advocates vigorous enforcement of employment discrimination laws. AAUW advocates programs which enable women to have both a career and a family life; programs which promote a work-life balance, including quality and affordable day care and paid family, medical leave. AAUW advocates programs which train women in entrepreneurship skills so that more women can become business owners and leaders.

AAUW advocates for women to have access to a full range of health and reproductive services, including self-determination concerning one's reproductive health decisions.

And finally, AAUW advocates for the passage of the Equal Rights Amendment.

AAUW - at the local, state, national level is an organization which supports education, employment and health policies which enable women to achieve their full potential. AAUW reflects your priorities and your input. ~ **Eleanor Aronstein**

Schenectady's Kids' Arts Festival

The Schenectady Annual Kids Arts' Festival held the first Saturday in June was another huge success. Our Branch was one of many organizations that participated in this event. We had many children eager to decorate paper tote bags with their original designs. It was a wonderful experience to see the children of Schenectady enjoying a free day of creativity. I am so grateful for the help of Robin Eddy, Ann Hicks and Julie Panke. It would not have been possible without their assistance. ~ **Bobbi Richardson**



Our AAUW-SCHENECTADY WEBSITE

- Misplaced your newsletter
- Want more information on National and State AAUW issues?
- Need a suggestion for a good book?
- Want to contact your legislator but don't know the phone number or email address?



Find your AAUW answers on our branch website!

<http://schenectady-ny.aauw.net>

Mark your Calendar



Wednesday, Sept. 4 7:00 p.m.
Sept.-Oct. Board Meeting,
At the home of Bobbi Richardson
1417 Fox Hollow Road, Niskayuna

Thursday, Sept. 12 6:30 p.m.
General Meeting (see page 1)
McChesney Room, SCPL
RSVP: Robin Eddy

Friends of Schenectady County
Public Library BOOK SALE
99 Clinton St., Schenectady
Sat. Sept. 28, 9:00-4:00
Sun. Sept. 29, 12:00-3:00



Wednesday Oct.
October General Meeting (see pf. 1)

Study and Interest Groups – September 2019

Book Chat

Leader: Ellie Rowland
(518-250-4302)
Meetings on the 3rd
Tuesday at 2:00 p.m.
September 17th **2:00pm**
Book: **The Huntress**
by Kate Quinn
Hostess: Shellie
VanDerZee
35 Warwick Way,
Schenectady

October 15th, 2:00pm
Book: **Educated**
by Tara Westover
Hostess: Linda Ward
4028 Windsor Dr.
Niskayuna

Book Exchange 1

Leader: Pat Buczowski
No regular meetings

Book Exchange II

Leader: Ellie Rowland
(518-250-4302)
No regular meetings,
Exchange will start 10/1

Couples Gourmet

Leaders: Faith Weldon
(518-393-0048)
Pat Terry (518-372-8431)
September 6th, 7:00pm
Theme: Morocco
Organizers: Weldon/Terry

October 11th, 7:00pm

Theme: Caribbean
Organizers:
Richardson/Mendini

SUNSHINE



If you know of someone who needs a ray of sunshine, who has been hospitalized or death, please contact Karen Huggins at 518 372-5128(h), 528 421-6183© or khuggins@nycap.rr.com

Diverse Topics

Leader: Erica Berger (518-377-7115)
September 12th 6:30pm
General Meeting
STOP THE BLOOD,
See page 1

Hostess: Robin Eddy
October TBA 12:30pm
Lunch and Program at
SCCC Culinary
Hostess: Barbara Aldi

Mah Jongg

Linda Ward will contact members with dates and locations.

Modern Literature

Leaders: Joan Bergin (518-399-1861)
Mary Delory (518-269-0966)
September 9th, 7:00 pm
Book: **Finding Dorothy**
by Elizabeth Letts
Reviewer: Toni Walsh
Hostess: Bobbi Richardson
1417 Fox Hollow Rd.,
Niskayuna
Co-Hostess: Mary Delory

October 14th 7:00 pm

Book: **Where the Crawdads Sing**
by Delia Owens
Reviewer: Bobbi Richardson
Hostess: Pat Gregory
26 Central Avenue,
Saratoga Springs
Co-Hostess: Toni Walsh

NEW GROUPS

If you would like to join a Bridge Group or have ideas for other groups, contact Mary DeLory at mdelory0718@gmail.com or 518- 393-681.

Quilting

Leader: Gerri Pinkerton
(518-346-4560)
September 24th, 1:00 p.m.
Program:

Wool Felt Applique
Hostess: Gerri Pinkerton
803 Dongan Ave, Scotia

October 22nd

Program: "Quilt Retreat"
by Marguerite Pileggi
Hostess: Pat Buczowski
451 Ruby Chase Dr,
Niskayuna

Science Topics

Leader: Dot Gray (518-859-4420)
Glen Eddy Senior Living
Center, Niskayuna
No Meeting in Sept.

October 7th, 7:00pm

Program: TBA

Varied Interests

Leader will be contacting members with dates, programs and locations.

DO YOU ENJOY READING?

READERS NEEDED!

The **Book Exchange II** Study Group is looking for one book lover to join. You buy one book a year and pass it to another at the beginning of September. In exchange, you get a book passed to you. You do this the first of each month, September to May when your original book is returned.

Book Chat meets the 2nd Tuesday of each month at 2 pm at member homes, is looking for new members. INTERESTED? Contact the leader.



VISIONS

**Schenectady Branch Newsletter AAUW
(published monthly except
January, July, August)**

The deadline for newsletter items is the
1st week of the month
prior to publication.

Editor Fait Weldon
Circulation: Pat Terry

Co-Presidents

Bobbi Richardson and Robin Eddy

Website: schenectady-ny.aauw.net

AAUW's Strategic Plan

Mission: To advance gender equity for
women and girls through
research, education and advocacy

Vision: Equity for all

Values: Nonpartisan, Fact-based. Integrity.
Inclusion and Intersectionality

Our Focus

- Education & Training
- Economic Security
- Leadership

<https://www.aauw.org/who-we-are>

AAUW
Schenectady Branch
C/O Faith Weldon
27 Brittany Oaks
Clifton Park NY 12065

